



Course directions:

Racers will start and ski one “inner loop” (yellow) followed by one “outer loop” (purple) in order to complete one “lap” of the course. Each time they lap either between inner and outer loops or after one complete “lap” they will ski in front of the old mini biathlon range.

U16s will ski 2 complete “laps” for 4.4km, while U18/U20s will ski 4 complete “laps” for 8.8km.

Wax testing can take place on Teaching Hill. All warm up must take place off the race course.

No skiers or teams should stage in the upper field.

All teams must remain separated from other teams. No socializing or mixing.

No spectators allowed.